



Medical Program

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About This Section

Medical care is an important part of your benefits program. In fact, medical coverage is the benefit people often think about first when they think about their benefits.

Pearson's program offers you the flexibility to choose coverage options based on your needs. This section describes your medical coverage – the options available to you, what is covered, and how benefits are paid. It also has important information about notification procedures you must follow in order to receive maximum benefits from the plan.

Some of the terms and phrases used in this benefits document have a specific meaning. Please refer to the *Important Terms* section of this document for further information.

You should also refer to the *Benefits Highlights* and the *Additional Information About Your Benefits* sections of this document for more important information regarding eligibility, how contributions are made, how elections can be changed, how to file claims, your right to continue medical care coverage when coverage is lost, and your rights under ERISA.

An Overview of Your Medical Options

In most locations, the Pearson medical program provides you with a choice of medical options:

- **National Medical Preferred Provider Organization (PPO) Options**

- \$400 Deductible PPO Option
- \$900 Deductible PPO Option
- \$1,850 Deductible PPO Option
- \$3,300 Deductible PPO Option

- **Anthem High Performance Network (HPN) Options**

- \$400 Deductible HPN Option
- \$900 Deductible HPN Option
- \$1,850 Deductible HPN Option
- \$3,300 Deductible Option

- **A Health Maintenance Organization (HMO) in select areas**

Each of the medical options cover the same types of services – physician’s charges, hospitalization, surgery, emergency treatment, psychiatric treatment and more. The options differ, however, in the amount you pay for the cost of the coverage, your out-of-pocket expenses, the way you access medical care, and whether you need to submit claim forms.

The National PPO Options are administered by Aetna (available in some areas) and Anthem BlueCross/BlueShield. While the program designs are very similar regardless of which administrator you choose, the network of doctors, hospitals and other health care providers may vary. Be sure to check the administrator websites to determine whether the Aetna or Anthem provider network is the most appropriate for you and your family. Aetna provides a narrower network than Anthem but with lower per-paycheck contributions and out-of-pocket costs. It is available based on your home zip code. If you live in an area where the Aetna network is available, you will see the option as you enroll.

The \$400 and \$900 Deductible options offer the greatest predictability of costs through copays for doctor’s visits and prescriptions, along with lower deductibles. These programs offer coverage when you use in-network and non-network providers. You will pay less when you use in-network providers.

The \$1,850 and \$3,300 Deductible options pair high-deductible coverages with a tax-free Health Savings Account (HSA) that you can use to pay for eligible health expenses, even in retirement. To learn more about the HSA, please visit the [Benefits website](#).

And, with the \$1,850 and \$3,300 Deductible options, you can see any provider you wish without a referral, but you will pay less when you choose in-network providers. Each of these programs offer coverage when you use in-network and non-network providers. You will pay less when you use in-network providers.

Deductibles – How They Work

If you enroll in one of the medical options, you will have to satisfy a deductible each year before the Plan begins to pay certain benefits. Under the \$400 and \$900 options, certain in-network services, such as office visits, are subject to a copayment rather than a deductible.

Once an individual has met his/her deductible, the Plan will begin to pay benefits for that person. He or she does not have to wait until the family deductible is satisfied before receiving benefits except for the \$1,850 Deductible option. If you enroll in the \$1,850 Deductible option and cover any dependents, the full family deductible must be met before the Plan pays benefits for any family member. Any covered family member's claims can be applied to the family deductible. The individual deductible only applies if you elect the employee-only coverage tier. Please call Aptia365 at 855-237-6421 if you have any questions about the \$1,850 Deductible option.

In the case of family coverage, your family's combined expenses can reach the family deductible without each person meeting their individual deductible. Once the family deductible has been met, the Plan will begin to pay benefits for all family members.

Out-of-Pocket Maximums – How They Work

If you enroll in one of the medical options, your out-of-pocket expenses will be limited by an annual out-of-pocket maximum. Once a person meets the individual limit, the Plan will pay 100% of that person's covered expenses for the rest of the year.

If you have family coverage, your family can meet the family out-of-pocket maximum without each person meeting his or her individual out-of-pocket maximum. If you enroll in the \$1,850 Deductible Plan and cover any dependents, the full family out-of-pocket maximum must be met before the Plan pays 100% benefits for any family member. Any covered family member's claims can be applied to the family out-of-pocket maximum. Please call Aptia365 at 855-237-6421 if you have any questions about the \$1,850 Deductible option.

Deductibles, copayments, and coinsurance amounts are applied to the out-of-pocket maximum.

What Does “Cross Apply” Mean?

For the Anthem options, the deductibles, and annual out-of-pocket maximums “cross-apply” for in-network services. This means that out-of-network deductibles and out-of-network out-of-pocket maximums apply to in-network deductibles and in-network out-of-pocket maximums. However, in-network deductibles and out-of-pocket maximums do not apply to out-of-network deductibles and out-of-network maximums.

For all Aetna options, out-of-network deductibles and out-of-network maximums apply to in-network deductibles and out-of-pocket maximums (and vice versa). This means that in-network expenses apply toward your out-of-network limits if you decide to use out-of-network services. Likewise, out-of-network expenses apply toward your in-network limits if you decide to use in-network services.

National Medical Preferred Provider Organization (PPO) Options

How the \$400 Deductible and \$900 Deductible Options Work

The \$400 and \$900 Deductible options let you choose the way you obtain medical care each time you need it. You can receive care through a network of physicians and other health care providers at a significantly lower cost, or you can select providers outside the network and pay a greater share of your medical expenses.

Under these options, you are not required to choose a primary care physician (PCP) or to get a referral in order to see a specialist. However, to receive in-network benefits (other than in emergency situations), you must obtain care from in-network providers. These medical options have certain notification requirements that apply whether you are using in-network or out-of-network providers, and benefits are reduced if these requirements are not followed. Please see *Notification Requirements* on page 11.

Office visits to your PCP and/or to a specialist are covered at 100% after you pay a copayment. Most other services are covered at 80% after you meet a deductible. There are no claim forms to file, and your network provider will generally arrange for any required notifications.

Note that certain preventive services are covered at 100% in-network with no copay, deductible or coinsurance. See *Preventive Care* on page 5.

Out-of-Network

When you use an out-of-network provider, you generally must pay a deductible each calendar year before the Plan begins to pay benefits. After you pay the deductible, the Plan generally pays 60% of covered expenses. The amount of an out-of-network provider’s charge that is eligible for coverage is referred to as the Maximum Allowed

Amount. The Maximum Allowed Amount for the Plan is the maximum amount of reimbursement the Claims Administrator will allow for services and supplies:

- that meets its definition of Covered Services, to the extent such services and supplies are covered under the Plan and are not excluded;
- that are Medically Necessary; and
- that are provided in accordance with all applicable preauthorization, utilization management or other requirements set forth in the Plan.

Maximum Allowed Amounts are based on the Reasonable and Customary charge for the Covered Service as determined by your Claims Administrator and are generally determined based on the geographic area where the Covered Service is provided. The Maximum Allowed Amount under the Plan is determined based on your administrator in accordance with the following– (i) Aetna – 80% of the Reasonable and Customary charge made by health care providers in same geographic area; and (ii) Anthem BlueCross BlueShield – 315% of the Medicare Allowable Rate.

Important Note: If a provider bills less than the amount calculated using the out-of-network plan rate note above, the Maximum Allowable Amount is the actual amount that the provider bills.

You are responsible for paying the 40% of the Maximum Allowable Amount not paid by the Plan, plus any charge in excess of the Maximum Allowable Amount. You generally need to file a claim form to receive out-of-network benefits, and you are responsible for any required notifications.

The Plan reserves the right to apply its reimbursement policies to all out-of-network services including involuntary services. these reimbursement policies, which the Plan Administrator applies in its good faith discretion, may affect a Maximum Allowable Amount.

Under certain circumstances, if the Claims Administrator pays the health care Provider amounts that are your responsibility, such as Deductibles, Copayments or Coinsurance, the Claims Administrator may collect such amounts directly from you. By participating in the Plan, you agree that the Claims Administrator has the right to collect such amounts from you. If an Out-of-Network Provider is used, however, you are responsible to pay the difference between the Maximum Allowed Amount and the amount the Out-of-Network Provider charges.

When you receive Covered Services from a Provider, the Claims Administrator will, to the extent applicable, apply the claim processing rules to the claim submitted for those Covered Services. These rules evaluate the claim information and, among other things, determine the accuracy and appropriateness of the procedure and diagnosis codes included in the claim for the Covered Services. Applying these rules may affect the Claims Administrator's determination of the Maximum Allowed Amount. The Claims Administrator's application of these rules does not mean that the Covered Services you

received were not Medically Necessary. It means the Claims Administrator has determined that the claim for the Covered Services was submitted in a manner inconsistent with procedure coding rules and/or reimbursement policies. For example, your Provider may have submitted the claim using several procedure codes when there is a single procedure code that includes all the procedures that were performed. When this occurs, the Maximum Allowed Amount will be based on the single procedure code rather than a separate Maximum Allowed Amount for each billed code.

Likewise, when multiple procedures are performed on the same day by the same physician or other healthcare professional, the Plan may reduce the Maximum Allowed Amounts for those secondary and subsequent procedures because reimbursement at 100% of the Maximum Allowed Amount for those procedures would represent duplicative payment for components of the primary procedure that may be considered incidental or inclusive.

Unlike Network Providers, Out-of-Network Providers may send you a bill and collect the amount of the Provider's charge that exceeds the Plan's Maximum Allowed Amount. You are responsible for paying the difference between the Maximum Allowed Amount and the amount the Provider charges. This amount can be significant. Choosing a Network Provider will likely result in lower Out-of-Pocket costs to you. Please call Member Services at the phone number on the back of your medical ID card for help in finding a Network Provider or visit the Claims Administrator's website.

Out-of-Pocket Maximums

An annual out-of-pocket maximum limit is the amount you will have to pay for covered services in a calendar year. See the prior page to learn how in- and out-of-network out-of-pocket maximums cross-apply.

Certain expenses do not count toward the out-of-pocket maximum. The out-of-pocket maximum does not include charges greater than covered expense amounts; the amount you pay for emergency room services if used for non-emergency purposes; penalties you pay for not making notification calls when required; and out-of-network charges that exceed the "reasonable and customary" allowance. Deductibles, copayments and coinsurance for eligible medical services and prescription drugs count toward the out-of-pocket maximum.

How the \$1,850 and \$3,300 Deductible PPO Options Work

In-Network

You pay 100% of your medical and prescription drug costs until you meet the annual deductible. There are no copayments in the \$1,850 or \$3,300 options. After you pay the deductible, the Plan generally pays 80% for the \$1,850 option and 70% for the \$3,300 option for covered expenses. There are no claim forms to file, and your network provider will generally arrange for any required notifications.

If you enroll in the \$1,850 Deductible Plan and cover any dependents, the full family deductible must be met before the Plan pays benefits for any family member. Any covered family member's claim can apply to the family deductible. The individual deductible only applies if you elect employee-only coverage. Please call Aptia365 at 855-237-6421 if you have any questions.

Note that certain preventive services are covered at 100% in-network with no deductible or coinsurance. See *Preventive Care* on page 5.

Out-of-Network

When you use an out-of-network provider, you pay 100% of a higher deductible each calendar year before the Plan begins to pay benefits.

After you pay the deductible, the Plan generally pays 60% (for the \$1,850 option) or 50% (for the \$3,300 option) of covered expenses. The amount of an out-of-network provider's charge that is eligible for coverage is referred to as the Maximum Allowed Amount. The Maximum Allowed Amount for the Plan is the maximum amount of reimbursement the Claims Administrator will allow for services and supplies:

- that meets its definition of Covered Services, to the extent such services and supplies are covered under the Plan and are not excluded;
- that are Medically Necessary; and
- that are provided in accordance with all applicable preauthorization, utilization management or other requirements set forth in the Plan.

Maximum Allowed Amounts are based on the Reasonable and Customary charge for the Covered Service as determined by your Claims Administrator and are generally determined based on the geographic area where the Covered Service is provided. The Maximum Allowed Amount under the Plan is determined based on your administrator in accordance with the following: –(i) Aetna— 80% of the Reasonable and Customary charge made by health care providers in same geographic area; and (ii) Anthem BlueCross BlueShield – 315% of the Medicare Allowable Rate.

Important Note: If a provider bills less than the amount calculated using the out-of-network plan rate note above, the Maximum Allowable Amount is the actual amount that the provider bills.

You are responsible for paying the 40% in the \$1,850 option (or 50% in the \$3,300 option) of the Maximum Allowable Amount not paid by the Plan, plus any charge in excess of the Maximum Allowable Amount. You generally need to file a claim form to receive out-of-network benefits, and you are responsible for any required notifications.

The Plan Administrator reserves the right to apply its reimbursement policies to all out-of-network services including involuntary services. These reimbursement policies, which

the Plan Administrator applies in its good faith discretion, may affect a Maximum Allowable Amount.

Under certain circumstances, if the Claims Administrator pays the health care Provider amounts that are your responsibility, such as Deductibles, Copayments or Coinsurance, the Claims Administrator may collect such amounts directly from you. By participating in the Plan, you agree that the Claims Administrator has the right to collect such amounts from you. If an Out-of-Network Provider is used, however, you are responsible to pay the difference between the Maximum Allowed Amount and the amount the Out-of-Network Provider charges.

When you receive Covered Services from a Provider, the Claims Administrator will, to the extent applicable, apply the claim processing rules to the claim submitted for those Covered Services. These rules evaluate the claim information and, among other things, determine the accuracy and appropriateness of the procedure and diagnosis codes included in the claim for the Covered Services. Applying these rules may affect the Claims Administrator's determination of the Maximum Allowed Amount. The Claims Administrator's application of these rules does not mean that the Covered Services you received were not Medically Necessary. It means the Claims Administrator has determined that the claim for the Covered Services was submitted in a manner inconsistent with procedure coding rules and/or reimbursement policies. For example, your Provider may have submitted the claim using several procedure codes when there is a single procedure code that includes all the procedures that were performed. When this occurs, the Maximum Allowed Amount will be based on the single procedure code rather than a separate Maximum Allowed Amount for each billed code.

Likewise, when multiple procedures are performed on the same day by the same physician or other healthcare professional, the Plan may reduce the Maximum Allowed Amounts for those secondary and subsequent procedures because reimbursement at 100% of the Maximum Allowed Amount for those procedures would represent duplicative payment for components of the primary procedure that may be considered incidental or inclusive.

Unlike Network Providers, Out-of-Network Providers may send you a bill and collect the amount of the Provider's charge that exceeds the Plan's Maximum Allowed Amount. You are responsible for paying the difference between the Maximum Allowed Amount and the amount the Provider charges. This amount can be significant. Choosing a Network Provider will likely result in lower Out-of-Pocket costs to you. Please call Member Services at the phone number on the back of your medical ID card for help in finding a Network Provider or visit the Claims Administrator's website.

Out-of-Pocket Maximums

An annual out-of-pocket maximum limit is the amount you will have to pay for covered services in a calendar year. See the prior page to learn how in-network and out-of-network out-of-pocket maximums cross-apply.

If you enroll in the \$1,850 Deductible Plan and cover any dependents, the full family out-of-pocket maximum must be met before the Plan pays at 100%. Any covered family member's claims can be applied to the out-of-pocket maximum. The individual out-of-pocket maximum only applies if you elect employee-only coverage. Please call Aptia365 at 855-237-6421 if you have any questions.

Certain expenses do not count toward the out-of-pocket maximum. The out-of-pocket maximum does not include charges greater than covered expense amounts; the amount you pay for emergency room services if used for non-emergency purposes; penalties you pay for not making notification calls when required; and out-of-network charges that exceed the "reasonable and customary" allowance. Deductibles, copayments and coinsurance count toward the out-of-pocket maximum.

National PPO Programs - Benefit Details Table

Anthem

Network: BlueCard PPO
(Residents of Utah only: Traditional)
Group #: 270096
anthem.com
1-877-898-0747

Aetna

Network: APCN Choice POSII
Group #: 868808
aetna.com
1-855-237-6421

The medical options described below are offered by two health plan administrators. In order to receive in-network benefits, you must utilize providers and facilities within the network of the plan administrator you choose. You will need to notify your administrator before receiving some benefits. See *Notification Requirements* on page 11.

Note: Out-of-network reimbursements up to Reasonable and Customary limits.

	\$400 PPO Option		\$900 PPO Option		\$1,850 PPO with IA		\$3,300 PPO w/ HSA	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Deductible (Single /Family)	\$400 / \$800	\$2,500 / \$5,000	\$900 / \$1,800	\$3,000 / \$6,000	\$1,850 / \$3,700	\$3,700 / \$7,400	\$3,300 / \$6,400	\$5,700 / \$11,400
Out-of-Pocket Max (Single / Family)	\$2,200 / \$4,400	\$4,400 / \$8,800	\$3,000 / \$6,000	\$6,000 / \$12,000	\$3,500 / \$6,500	\$7,000 / \$13,000	\$5,500 / \$11,000	\$11,000 / \$22,000
Coinsurance	80%	60%	80%	60%	80%	60%	70%	50%

	\$400 PPO Option		\$900 PPO Option		\$1,850 PPO with IA		\$3,300 PPO w/ HSA	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Preventive Care	Plan pays 100%	Plan pays 60% after deductible	Plan pays 100%	Plan pays 60% after deductible	Plan Pays 100%	Plan pays 60% after deductible	Plan pays 100%	Plan pays 50% after deductible
PCP Office Visit	You pay \$20	Plan pays 60% after deductible	You pay \$40	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Specialist Office Visit	You pay \$40	Plan pays 60% after deductible	You pay \$80	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Telehealth Consultation	You pay \$10	You pay \$10	You pay \$10	You pay \$10	You pay \$40, or \$10 after you have met your deductible	You pay \$40, or \$10 after you have met your deductible	You pay \$40, or \$10 after you have met your deductible	You pay \$40, or \$10 after you have met your deductible
Prenatal Office Visits	You pay \$40 1 st visit, then covered in full	Plan pays 60% after deductible	You pay \$80 1 st visit, then covered in full	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Urgent Care Visit	You pay \$50	You pay \$50	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible	Plan pays 70% after deductible
Lab/Radiology: Annual Preventive	Plan pays 100%	Plan pays 60% after deductible	Plan pays 100%	Plan pays 60% after deductible	Plan pays 100%	Plan pays 60% after deductible	Plan pays 100%	Plan pays 60% after deductible
Lab/Radiology: Other	Plan pays 100% in doctor's office, copay applies; 80% after deductible outside doctor's office (including maternity)	Plan pays 60% after deductible	Plan pays 100% in doctor's office, copay applies; 80% after deductible outside doctor's office (including maternity)	Plan pays 60% after deductible	Plan pays 80% after deductible (including maternity)	Plan pays 60% after deductible	Plan pays 70% after deductible (including maternity)	Plan pays 50% after deductible

	\$400 PPO Option		\$900 PPO Option		\$1,850 PPO with IA		\$3,300 PPO w/ HSA	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Emergency Room	You pay \$150 copay & deductible, then Plan pays 100% Non-emergency care is not covered	You pay \$150 copay & deductible, then Plan pays 100% Non-emergency care is not covered	Plan pays 80% after deductible Non-emergency care is not covered.	Plan pays 80% after deductible Non-emergency care is not covered.	Plan pays 80% after deductible Non-emergency care is not covered.	Plan pays 80% after deductible Non-emergency care is not covered.	Plan pays 70% after deductible Non-emergency care is not covered.	Plan pays 70% after deductible Non-emergency care is not covered.
Ambulance (Emergency Only)	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible	Plan pays 70% after deductible
Hospitalization (Including Maternity)	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Surgery (Inpatient & Outpatient)	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Mental Health / Substance Abuse: Inpatient	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Mental Health / Substance Abuse: Outpatient	You pay \$20	Plan pays 60% after deductible	You pay \$40	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Chiropractic Services	You pay \$40 30 visits/year max (in and out-of-network combined)	Plan pays 60% after deductible 30 visits/year max (in and out-of-network combined)	You pay \$80 30 visits/year max (in and out-of-network combined)	Plan pays 60% after deductible 30 visits/year max (in and out-of-network combined)	Plan pays 80% after deductible 30 visits/year max (in and out-of-network combined)	Plan pays 60% after deductible 30 visits/year max (in and out-of-network combined)	Plan pays 70% after deductible 30 visits/year max (in and out-of-network combined)	Plan pays 50% after deductible 30 visits/year max (in and out-of-network combined)

	\$400 PPO Option		\$900 PPO Option		\$1,850 PPO with IA		\$3,300 PPO w/ HSA	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Physical, Speech, Occupational, Pulmonary, Cognitive Therapies (unlimited)	You pay \$40	Plan pays 60% after deductible	You pay \$80	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Acupuncture	You pay \$40	Plan pays 60% after deductible	You pay \$80	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Allergy Care / Injections	100% in doctor's office, copay may apply; 80% after deductible outside doctor's office	Plan pays 60% after deductible	100% in doctor's office copay may apply; 80% after deductible outside doctor's office	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Assisted Reproductive Techniques (Includes artificial insemination, GIFT, ZIFT and in-vitro)	Plan pays 80% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 60% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 80% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 60% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 80% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 60% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 70% after deductible \$15,000 lifetime maximum (in and out-of-network combined)	Plan pays 50% after deductible \$15,000 lifetime maximum (in and out-of-network combined)
Home Health Care	Plan pays 80% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 60% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 80% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 60% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 80% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 60% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 70% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 50% after deductible 120-day max per year; (in and out-of-network combined)

	\$400 PPO Option		\$900 PPO Option		\$1,850 PPO with IA		\$3,300 PPO w/ HSA	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Skilled Nursing Facility, Rehab Hospital, Sub-Acute Facility	Plan pays 80% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 60% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 80% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 60% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 80% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 60% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 70% after deductible 120-day max per year; (in and out-of-network combined)	Plan pays 50% after deductible 120-day max per year; (in and out-of-network combined)
Durable Medical Equipment	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
Breast feeding Equipment and Supplies – limited to one rental or purchase of one breast pump per birth	Plan Pays 100%	Not Covered	Plan Pays 100%	Not Covered	Plan Pays 100%	Not Covered	Plan Pays 100%	Not Covered
Hearing Aids for adults and children one per ear every 3 years	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 80% after deductible	Plan pays 60% after deductible	Plan pays 70% after deductible	Plan pays 50% after deductible
PCP Referral Required?	No	No	No	No	No	No	No	No

Prescription Drugs Administered by CVS Caremark Table

Note: CDHP Preventive Drug list (separate from the Affordable Care Act – ACA - preventive drug list) is covered at the applicable coinsurance level. This drug list does not apply to the \$400 or \$900 PPO Deductible plans.

	\$400 Option	\$900 Option	\$1,850 with HSA	\$3,300 with HSA
Retail: ACA Prev Drugs	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%
Retail: Generic	\$10	\$10	20% after deductible	30% after deductible
Retail: Preferred Brand	\$30	30% (min \$25/max \$50)	20% after deductible	30% after deductible
Retail: Non-Preferred Brand	\$60	45% (min \$40/max \$80)	20% after deductible	30% after deductible
Mail Order: ACA Prev Drugs	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%
Mail Order: Generic	\$25	\$25	20% after deductible	30% after deductible
Mail Order: Preferred Brand	\$75	30% (min \$62.50/max \$125)	20% after deductible	30% after deductible
Mail Order: Non-Preferred Brand	\$150	45% (min \$100/max \$200)	20% after deductible	30% after deductible

Anthem High Performance Network (HPN) Options

Anthem's HPN is an Exclusive Provider Organization (EPO) that provides a narrow network of carefully selected doctors and facilities, curated to provide access to higher-quality, more affordable care. These lower cost options operate in the same manner as the National PPOs except these options provide in-network only coverage. However, urgent and emergency care are covered even if you are seeing a provider that is not in the network. And, like the National PPO options offered under the Plan, you do not need a referral from your Primary Care Physician to see a specialist. Anthem HPN options are available in select areas of the country.

Anthem HPN Option (In-Network Only) - Benefit Details Table

Anthem

Network: National Blue High-Performance Network (Non-Tiered Network)

Group #: 270096

[anthem.com](https://www.anthem.com)

1-877-898-0747

The medical options described below are offered by Anthem only. To receive in-network benefits, you must utilize providers and facilities within Anthem's National Blue High-Performance Network (non-tiered network). You will need to notify Anthem before receiving some benefits. See *Notification Requirements* on page 11. There is no benefit provided under the Plan when you use non-network providers.

	\$400 HPN Option	\$900 HPN Option	\$1,850 HPN with HSA*	\$3,300 HPN with HSA
Deductible (Single / Family)	\$400 / \$800	\$900 / \$1,800	\$1,850 / \$3,700	\$3,300 / \$6,400
Out-of-Pocket Max (Single / Family)	\$2,200 / \$4,400	\$3,000 / \$6,000	\$3,500 / \$6,500	\$5,500 / \$11,000
Coinsurance	80%	80%	80%	70%
Preventive Care	Plan pays 100%	Plan pays 100%	Plan Pays 100%	Plan pays 100%
PCP Office Visit	You pay \$20	You pay \$40	Plan pays 80% after deductible	Plan pays 70% after deductible

	\$400 HPN Option	\$900 HPN Option	\$1,850 HPN with HSA*	\$3,300 HPN with HSA
Specialist Office Visit	You pay \$40	You pay \$80	Plan pays 80% after deductible	Plan pays 70% after deductible
MDLive telehealth consultation	You pay \$10	You pay \$10	You pay \$40, or \$10 after you have met your deductible	You pay \$40, or \$10 after you have met your deductible
Prenatal Office Visits	You pay \$40 1st visit, then covered in full	You pay \$80 1st visit, then covered in full	Plan pays 80% after deductible	Plan pays 70% after deductible
Urgent Care Visit	You pay \$50	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible
Lab/Radiology: Annual Preventive	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%
Lab/Radiology: Other	Plan pays 100% in doctor's office, copay applies; 80% after deductible outside doctor's office (including maternity)	Plan pays 100% in doctor's office, copay applies; 80% after deductible outside doctor's office (including maternity)	Plan pays 80% after deductible (including maternity)	Plan pays 70% after deductible (including maternity)
Emergency Room	You pay \$150 copay & deductible, then Plan pays 100% Non-emergency care is not covered	Plan pays 80% after deductible Non-emergency care is not covered.	Plan pays 80% after deductible Non-emergency care is not covered.	Plan pays 70% after deductible Non-emergency care is not covered.
Ambulance (Emergency Only)	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible
Hospitalization (Including Maternity)	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible
Surgery (Inpatient & Outpatient)	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible
Mental Health / Substance Abuse: Inpatient	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible

	\$400 HPN Option	\$900 HPN Option	\$1,850 HPN with HSA*	\$3,300 HPN with HSA
Mental Health / Substance Abuse: Outpatient	You pay \$20	You pay \$40	Plan pays 80% after deductible	Plan pays 70% after deductible
Chiropractic Services	You pay \$40 30 visits/year max	You pay \$80 30 visits/year max	Plan pays 80% after deductible 30 visits/year max	Plan pays 70% after deductible 30 visits/year max
Physical, Speech, Occupational, Pulmonary, Cognitive Therapies (unlimited)	You pay \$40	You pay \$80	Plan pays 80% after deductible	Plan pays 70% after deductible
Acupuncture	You pay \$40	You pay \$80	Plan pays 80% after deductible	Plan pays 70% after deductible
Allergy Care / Injections	100% in doctor's office, copay may apply; 80% after deductible outside doctor's office	100% in doctor's office, copay may apply; 80% after deductible outside doctor's office	Plan pays 80% after deductible	Plan pays 70% after deductible
Assisted Reproductive Techniques (Includes artificial insemination, GIFT, ZIFT and in-vitro)	Plan pays 80% after deductible \$15,000 lifetime maximum	Plan pays 80% after deductible \$15,000 lifetime maximum	Plan pays 80% after deductible \$15,000 lifetime maximum	Plan pays 70% after deductible \$15,000 lifetime maximum
Home Health Care	Plan pays 80% after deductible 120-day max per year	Plan pays 80% after deductible 120-day max per year	Plan pays 80% after deductible 120-day max per year	Plan pays 70% after deductible 120-day max per year
Skilled Nursing Facility, Rehab Hospital, Sub-Acute Facility	Plan pays 80% after deductible 120-day max per year	Plan pays 80% after deductible 120-day max per year	Plan pays 80% after deductible 120-day max per year	Plan pays 70% after deductible 120-day max per year
Durable Medical Equipment	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible

	\$400 HPN Option	\$900 HPN Option	\$1,850 HPN with HSA*	\$3,300 HPN with HSA
Breast feeding Equipment and Supplies – limited to one rental or purchase of one breast pump per birth	Plan Pays 100%	Plan Pays 100%	Plan Pays 100%	Plan Pays 100%
Hearing Aids for adults and children one per ear every 3 years	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 80% after deductible	Plan pays 70% after deductible
PCP Referral Required?	No	No	No	No

Prescription Drugs Administered by CVS Caremark Table

Note: CDHP Preventive Drug list (separate from the Affordable Care Act – ACA - preventive drug list) is covered at the applicable coinsurance level. This drug list does not apply to the \$400 or \$900 HPN Deductible plans.

	\$400 HPN Option	\$900 HPN Option	\$1,850 HPN with HSA	\$3,300 HPN with HSA
Retail: ACA Prev Drugs	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%
Retail: Generic	\$10	\$10	20% after deductible	30% after deductible
Retail: Preferred Brand	\$30	30% (min \$25/max \$50)	20% after deductible	30% after deductible
Retail: Non-Preferred Brand	\$60	45% (min \$40/max \$80)	20% after deductible	30% after deductible
Mail Order: ACA Prev Drugs	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%

Mail Order: Generic	\$25	\$25	20% after deductible	30% after deductible
Mail Order: Preferred Brand	\$75	30% (min \$62.50/max \$125)	20% after deductible	30% after deductible
Mail Order: Non-Preferred Brand	\$150	45% (min \$100/max \$200)	20% after deductible	30% after deductible

Covered Services

Preventive Care

Preventive care services include annual routine physicals for adults who are age 19 and older, well child visits for children younger than age 19 (in accordance with United States Preventive Service Task Force recommendations), immunizations and annual routine gynecological exams for women (“annual” means once per calendar year, regardless of whether 12 months have passed since your last annual physical).

Other preventive services include annual hearing and vision screenings, routine colonoscopies, routine bone density screenings, skin cancer screenings, routine mammograms (including 3D mammograms), pap smears and PSA tests, cholesterol screening, lung cancer screening for adults ages 55 to 80, chlamydia screening, HIV screening and counseling, genetic counseling/evaluation BRCA1/2 testing for those at risk, breast-feeding supplies, counseling and support, purchase/rental of manual or electric breast pumps and contraceptive devices, including female condoms, and barrier methods (i.e. IUDs, diaphragms).

Most preventive care services are covered at 100% in-network. Check with your medical option Claims Administrator as to which preventive services fall into this category as the list may change from time to time.

Specialized Care and Specialty Programs

If you need specialized care, there is a copayment for an office visit to an in-network specialist if you are enrolled in the \$400 or \$900 option. If you are enrolled in the \$1,850 or \$3,300 option, covered services are subject to the applicable deductible and coinsurance to visit an in-network specialist

Specialist visits for non-network providers for all medical options are subject to the applicable deductible and coinsurance.

If your condition requires the services of a specialist who does not participate in the network, your network provider may obtain special approval for you to see an out-of-

network physician. In this case, the Plan will cover the specialist's charges on the same basis as a network doctor as long as you have received the proper referral.

All three medical Claims Administrators offer specialty programs for certain conditions at Centers of Excellence (also known as Blue Distinction Centers at Anthem). To be considered a Center of Excellence, a facility must have proven experience and expertise at delivering quality care for a particular condition. Aetna and Anthem offer these programs for organ transplants, cardiac care, bariatric surgery and other services. Contact your Claims Administrator to find out about the specific specialty programs they offer.

Hospital Services

The Plan pays for room and board for a semi-private room, and for ancillary services and supplies.

In order to receive maximum benefits, you will need to be admitted to a network hospital. All in-network hospitals are responsible for handling pre-admission notification.

For inpatient services at an out-of-network hospital, you must call your administrator at the number on the back of your ID card for pre-admission notification. If you do not notify your Claims Administrator before a scheduled admission, your benefits will be reduced by \$500.

Emergency Care

Emergency care is defined as medical care and treatment provided after the sudden onset of a medical condition manifesting itself by acute symptoms, including severe pain, which is severe enough that the lack of immediate medical attention could reasonably be expected to result in:

- The patient's health being placed in serious jeopardy
- Bodily function being seriously impaired
- A serious dysfunction of a bodily organ or part

Ambulance service, including approved emergency air transport, is covered the same as emergency treatment. In addition, emergency care includes immediate mental health treatment when the lack of the treatment could reasonably be expected to result in the patient harming himself or herself and/or other persons.

Emergency room treatment is subject to the in-network deductible and coinsurance at any emergency room, in- or out-of-network. Please note that no benefits are payable for non-emergency use of the emergency room.

Urgent Care Centers

Sometimes you need to see a doctor right away, but it is not an emergency. For example, ear infections, high fever and minor burns are considered urgent but not emergency situations.

In these cases, you can see your PCP, or if your PCP is not available, you can go to an Urgent Care Center. These facilities are usually open in the evening and on the weekend, and you do not need to make an appointment.

If you use an in-network facility, treatment at an Urgent Care Center is covered at 100% after a copay for the \$400 Deductible option and subject to the in-network deductible and coinsurance for the other options. Treatment at an out-of-network Urgent Care Center is subject to the applicable deductible and coinsurance.

Mental Health Care

Inpatient and outpatient mental health care are covered as part of your mental health benefits.

Inpatient Treatment

Inpatient psychiatric care is subject to the applicable deductible and coinsurance, and pre-admission notification is required. If you use an in-network hospital, pre-admission notification is handled by your provider.

If you use an out-of-network hospital, you or someone on your behalf, must call and notify your administrator before receiving inpatient treatment. If the notification call is not made, your benefits will be reduced by \$500.

Outpatient Treatment

Notification is not required for outpatient mental health care.

When you use network providers, outpatient treatment is covered at 100% after you pay a copayment for each visit for the \$400 and \$900 medical options and subject to the in-network deductible and coinsurance for the other options. Treatment received from out-of-network providers is subject to the applicable deductible and coinsurance.

Substance Abuse Treatment

Inpatient and outpatient substance abuse treatment are covered as part of your mental health benefits.

Inpatient Treatment

Inpatient substance abuse treatment is subject to the applicable deductible and coinsurance, and pre-admission notification is required. If you use an in-network hospital, pre-admission notification is handled by your provider.

If you use an out-of-network hospital, you or someone on your behalf, must call and notify your administrator before receiving inpatient treatment. If the notification call is not made, your benefits will be reduced by \$500.

Outpatient Treatment

Notification is not required for outpatient substance abuse care.

When you use network providers, outpatient treatment is covered at 100% after you pay a copayment for each visit for the \$400 and medical options and subject to the in-network deductible and coinsurance for the other options. Treatment received from out-of-network providers is subject to the applicable deductible and coinsurance.

Maternity

Covered expenses include prenatal office visits, the infant's delivery and care during the hospital stay and the mother's hospital stay and care. The first prenatal visit is covered at 100% after you pay a copayment for the \$400 and \$900 medical options and subject to the in-network deductible and coinsurance for the other plans. All other prenatal visits are covered in full. The delivery charge and hospital stay are subject to the applicable deductible and coinsurance.

Group health plans and plan providers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not require that a provider obtain authorization from the plan or prescribing a length of stay not in excess of 48 hours (or 96 hours). Notification and continued approval for inpatient care for either the mother or child is required if the hospitalization continues beyond the 48- or 96-hour limits stated above.

Family Planning

Family planning expenses, including tests, counseling, contraceptive devices and sterilization, are covered. Egg and sperm cryopreservation are covered and counted toward the infertility maximum noted below. Birth control pills are covered under the prescription drug program. Surgical reversal of sterilization (tubal ligation or vasectomy) is not covered.

Infertility Treatment

The national medical options cover infertility treatment, which includes testing to determine the diagnosis of an infertility condition as well as treatment of the underlying condition. Surgery is limited to procedures for the correction of the underlying condition. Infertility treatment is subject to the \$15,000 lifetime maximum per covered individual.

Assisted Reproductive Techniques

Assisted Reproductive Techniques (ART) include in vitro fertilization (IVF), artificial insemination (AI), gamete intrafallopian transfer (GIFT), and zygote intrafallopian transfer (ZIFT). There is a \$15,000 lifetime maximum per covered individual that includes all hospital stay facility fees, physician medical and surgical care, and diagnostic tests and scans. The maximum is combined for in- and out-of-network care.

Fertility medication is covered under the prescription drug program and does not count toward the \$15,000 lifetime maximum.

Home Health Care

Home health care enables you to recuperate from a serious illness or injury in your home while receiving the necessary medical services and supplies from a certified home health care agency. The Plan covers the following services:

- Home infusion therapy
- Temporary or part-time nursing care by or supervised by a licensed nurse
- Temporary or part-time care by a home health aide
- Physical therapy, speech therapy or occupational therapy
- Dressings and medical treatment prescribed by a doctor

Home health care requires pre-notification. If you use in-network providers, your provider will handle the required notification.

If you use out-of-network providers, you must call and notify your administrator before receiving out-of-network home health care. If the notification call is not made, your benefits will be reduced by \$500.

The annual maximum for home health care is 120 visits, in-and out-of-network combined. A *visit* is equal to four hours of covered home health care services provided by a member of the home health care team. Service must be provided through an approved, certified home health care agency.

Skilled Nursing Facility

A skilled nursing facility provides you with medical care when you no longer need the full services of a hospital but aren't yet well enough to go home.

Admission to a skilled nursing facility requires pre-notification. If you use an in-network facility, your provider will handle the required notification.

If you use an out-of-network facility, you must call and notify your administrator before admission to a skilled nursing facility. If the notification call is not made, your benefits will be reduced by \$500.

The maximum benefit is 180 days per calendar year, in- and out-of-network combined.

Hospice Care

Hospice care is a coordinated plan of home and inpatient care for a terminally ill patient. It is designed to meet the special needs of the patient, and members of the family who are covered by the Plan, during the final stages of terminal illness (life expectancy of six months or less).

The Plan covers the usual medical care required by a terminally ill patient and other services provided through an approved program of hospice care including:

- Room and board
- Other services and supplies, including in-home lab and IV therapy
- Part-time nursing care by or supervised by a registered nurse (R.N.)
- Home health care services as shown under *home health care*
- Counseling for the patient and covered family members
- Bereavement counseling for covered family members (services must be given within six months after the patient's death and covered services are limited to a total of 15 visits for each family).

Charges are considered a hospice expense when they are billed by or through a certified hospice care agency. Counseling services must be given by a licensed counselor. Any counseling services given in connection with a terminal illness will not be considered as Mental Health treatment.

Hospice care requires pre-notification. Your provider will handle pre-notification for in-network hospice care. For out-of-network hospice care, you must call and notify your administrator before receiving hospice care. If the notification call is not made, your benefits will be reduced by \$500.

Organ Transplant

The national medical options provide coverage for organ transplants that are qualified and non-experimental. Pre-notification is required before receiving any transplant services. If the notification call is not made, your benefits will be reduced by \$500.

The following are qualified transplant procedures:

- Eye / Cornea

- Heart transplant
- Lung transplant
- Liver transplant
- Kidney transplant
- Pancreas transplant
- Bone marrow/stem cell transplant
- Small bowel transplant

To obtain complete information about transplant services, contact Aetna or Anthem at the number on the back of your ID card.

Travel & Lodging Services

Travel and lodging services are available for all covered services that are not available within 100 miles of your home up to a \$10,000 maximum per occurrence. Coverage is applicable for in-network providers only. Transportation services include airfare (coach), rental car (not available under Aetna.), fuel (not available under Aetna), tolls, parking, bus, train, taxi/Uber/Lyft as appropriate for the distance and need. Eligible lodging expenses are reimbursed at 100%, up to applicable IRS limits (up to \$50 per night for individual stay or \$100 per night for individual & companion), except plans with an attached HSA (i.e., \$1,850 and \$3,300 Deductible options) for which the deductible applies as defined by the IRS.

Notification Requirements

Generally, your network provider will handle any medical notifications that may be required when you access care in-network.

If you use an out-of-network provider or facility for any of the services below, you must call the Member Services Department at the number on the back of your ID card. If you do not notify your administrator before the services are performed, your benefits will be reduced by \$500. If it is determined that the hospitalization, procedure or other service is not performed for the treatment of illness or injury, no benefits will be paid.

Your administrator must be notified in advance of:

- Hospitalization
- Skilled Nursing Facility confinement
- Hospice Care
- Organ and tissue transplants

- Home health care

This list is continually reviewed and updated to reflect current medical trends. If you are uncertain whether a procedure or service requires notification, call your administrator rather than risk receiving reduced or no benefits.

Prescription Drug Benefits

The prescription drug program is administered by CVS/Caremark. See *Prescription Drug Benefits* on page 12.

Other Covered Services

The National PPO and HPN options cover medical services other than those described on the previous pages. Covered services and supplies must be prescribed by a physician and given for the diagnosis or treatment of an accidental injury or sickness. You can request a pre-determination as to whether a particular service is covered by contacting your administrator. Covered services are payable subject to applicable deductibles, coinsurance and copayments. These include:

- Acupuncture, if performed by a licensed physician or licensed acupuncturist, for pain management, or for the prevention and treatment of nausea associated with surgery, chemotherapy or pregnancy
- Ambulance services for emergency purposes only. Air ambulance is covered only if ground transportation is impossible or would put your life or health in serious jeopardy
- Anesthetics and the cost of its administration
- Applied Behavior Analysis
- Bariatric surgery if all the following requirements are met:
 - You have a Body Mass Index (BMI) of greater than 40. BMI of 35-40 will be considered when there is documentation of a co-morbid condition
 - Participation in at least one medically supervised attempt to lose weight within the past two years. Any such medically supervised weight loss attempt must have been for at least six months in duration
 - Completion a pre-surgical psychological evaluation
 - Confirmation by the physician that the participant's treatment plan includes pre- and post-operative dietary evaluations
- Blood and blood plasma when it is not donated or replaced

- Birthing center costs, including room and board and services and supplies when furnished in a lawfully operating birthing center
- Chemotherapy and radiation treatment
- Cochlear implants
- Dental care and treatment if required as the result of an injury of sound, natural teeth sustained while covered under a medical option under the Plan, and if the services are provided within six months of the injury, Doula coverage up to \$2,000 per pregnancy (available under Anthem only). Note that Doulas must be certified by one of the following organizations: Birthworks, Doulas of North America (DONA), Childbirth International, International Center for Traditional Childbearing, Childbirth and Postpartum Professional Association, International Childbirth Education Association, Commonsense Childbirth Inc, or National Black Doulas Association (information on submitting a claim can be found on the benefits website).
- Medical services performed by Christian Science Practitioners
- Durable Medical Equipment, which meets all the following conditions:
 - It is for repeated use and is not a consumable or disposable item
 - It is used primarily for a medical purpose
 - It is appropriate for use in the home

Some examples of Durable Medical Equipment are appliances which replace all or part of a lost body organ or help an impaired body organ to work; insulin pumps; orthotic devices such as arm, leg, neck or back braces; hospital-type beds; equipment needed to increase mobility, such as a wheelchair, respirators or other equipment for the use of oxygen; and monitoring devices. If more than one piece of Durable Medical Equipment can meet a participant's functional needs, benefits are available only for the most cost-effective piece of equipment.

- Foot care and treatment of the feet, if needed due to severe systemic disease
- Gender reassignment surgery and related gender affirming services, subject to World Professional Association for Transgender Health (WPATH) standard guidelines
- Hearing screenings for adults and children, one per year
- Hearing aids for adults and children, one hearing aid for each ear every three years
- Coverage for midwife services performed by a licensed/certified nurse-midwife (CNM)
- Nutritional counseling, up to three visits per year. No diagnosis necessary.

- Nutritional formula, limited to the treatment of inborn errors of metabolism or inherited metabolic disease (including disorders of amino acid and organic acid metabolism) or enteral feeding for which the nutritional formulae (1) under state or federal law can be dispensed only through a physician's prescription and (2) is medically necessary as the primary source of nutrition.
- Charges for oxygen, including the equipment for its administration
- Artificial limbs, eyes, and other prosthetic devices
- Adjustments, repair and replacement of covered prosthetic devices, special appliances and surgical implants when required because of wear or change in a patient's condition
- Casts, splints, trusses, crutches, and braces (except dental braces)
- Physical, occupational and speech therapy, given by a licensed therapist. See "Services Not Covered" for speech therapy restrictions.
- Surgical supplies required for the treatment of an illness or injury
- Surgical or medical care for treatment of an eye disease or injury
- Orthoptic training (eye muscle exercise) by a licensed optometrist or orthoptic technician, up to 30 visits per year.
- Reconstructive surgery to improve the function of a body part when the malfunction is the direct result of a birth defect, sickness, and/or surgery to treat a sickness or accidental injury
- Reconstructive surgery to remove scar tissue on the neck, face or head if due to sickness or accidental injury
- Reconstructive surgery and prostheses following a mastectomy, including:
 - Reconstruction of the breast on which the mastectomy has been performed
 - Surgery and reconstruction of the other breast to produce a symmetrical appearance
 - Prostheses
 - Treatment of physical complications of all stages of mastectomy, including lymphedemas

These services shall be provided in a manner determined in consultation with the attending physician and the patient. Coverage for these medical services is subject to any applicable deductibles and coinsurance amounts.

- Temporomandibular Joint Dysfunction (TMJ). Covered services include:
 - Evaluation and diagnosis
 - Surgery of the jaw
 - Injections
 - Transcutaneous Electrical Nerve Stimulator (TENS)
 - Biofeedback
 - Facility and laboratory x-rays applicable to the above

Appliances are limited to a \$1,000 maximum lifetime benefit.

- Voluntary sterilization including vasectomy and tubal ligation.

Services Not Covered

The following list is intended to give you a general description of the services and supplies not covered by the medical programs under the Plan. There may be services and supplies in addition to these that are not covered by the medical program. You can request a pre-determination as to whether a particular service is covered by contacting the Plan Administrator.

- Abdominoplasties and/or Panniculectomies; provided that following surgery for morbid obesity, these procedures are considered cosmetic and are not covered, except under certain limited circumstances which are considered by the administrator to be medically necessary.
- Charges made by a hospital for confinement in a special area of the hospital that provides non-acute care, by whatever name called, including but not limited to the type of care given by the facilities listed below. If that type of facility is otherwise covered under this Plan, then benefits for that covered facility which is part of a hospital, as defined, are payable at the coverage level for that facility, not at the coverage level for a hospital:
- Adult or child day care center
- Chelation therapy, except in the treatment of the following conditions:
 - Control of ventricular arrhythmias or heart block, when associated with digitalis toxicity
 - Emergency treatment of hypercalcemia

- Extreme conditions of metal toxicity (e.g., lead toxicity in adults, iron toxicity)
- Pediatric lead poisoning
- Wilson's degeneration (hepatolenticular degeneration)
- Completion of claim forms or missed appointments
- Cosmetic, reconstructive surgery or treatment, unless:
 - A person receives an injury which results in bodily damage requiring surgery
 - It is plastic or reconstructive surgery for a dependent child to treat a birth defect or congenital disease
 - It qualifies as a reconstructive surgery following a covered surgical procedure
- Custodial care, including:
 - Care furnished mainly to train or assist in personal hygiene or other activities of daily living, rather than to provide medical treatment
 - Care that can safely and adequately be provided by persons who do not have the technical skills of a covered health care professional
- Ecological or environmental medicine, diagnosis and/or treatment
- Education, training and bed and board while confined in an institution that is mainly a school or other institution for training, a place of rest, a place for the aged or a nursing home
- Examinations or treatment ordered by a court in connection with legal proceedings unless such examinations or treatment otherwise qualify as covered services
- Expenses and associated expenses incurred for services and supplies for experimental, investigational or unproven services, treatments, devices and pharmacological regimens
- Eyeglasses or contact lenses
- Herbal medicine, holistic or homeopathic care
- Liposuction
- Membership costs for health clubs, weight loss clinics and similar programs
- Occupational injury or sickness (an occupational injury or sickness is an injury or sickness that is covered under a Workers' Compensation law or similar statute)

- Personal convenience or comfort items including, but not limited to, such items as TVs, telephones, first aid kits, exercise equipment, air conditioners, humidifiers, saunas and hot tubs
- Private duty nursing services, other than care in the patient's home provided by a licensed Home Health Care Agency
- Reversal of sterilization
- Sensitivity training, educational training therapy or treatment for an educational requirement
- Services and supplies which the covered person is not legally required to pay as determined by your administrator
- Services for a surgical procedure to correct refraction errors of the eye, including any confinement, treatment, services or supplies given in connection with or related to the surgery
- Services for, or related to, the removal of an organ or tissue from a person for transplantation into another person, unless the transplant recipient is a covered person under this Plan and is undergoing a covered transplant
- Services given by a pastoral counselor
- Services or supplies received from a non-participating provider that exceed "covered expense" guidelines as determined by your administrator
- Services related to learning disabilities or educational therapy
- Services, supplies, medical care or treatment given by a member of the employee's immediate family
 - Ambulatory surgical center
 - Birth center
 - Half-way house
 - Hospice
 - Skilled nursing facility
 - Treatment center
 - Vocational rehabilitation center
 - Any other area of a hospital that gives service on an inpatient basis for other than acute care of sick, injured or pregnant persons

- Care of or treatment to the teeth, gums or supporting structures such as, but not limited to, periodontal treatment, endodontic services, extractions, implants or any treatment to improve the ability to chew or speak
- Services given by volunteers or persons who do not normally charge for their services
- Services in connection with smoking cessation (drugs for smoking cessation are covered under the prescription drug program)
- Services or supplies received as a result of war, declared or undeclared, or international armed conflict
- Special foods, food supplements, liquid diets, diet plans or any related products (other than nutritional formula as described under Covered Services)
- Speech therapy except to treat speech dysfunction resulting from one of the following conditions: sickness, injury, stroke, autism, cerebral palsy, congenital anomaly, developmental delay or if needed following the placement of a cochlear implant.
- Therapeutic devices or appliances and support garments, regardless of intended use (note: insulin syringes with needles, blood testing strips – glucose, urine testing strips – glucose, ketone testing strips and tablets, lancets and lancet devices are covered under the prescription drug program)
- Weight reduction or control (unless there is a diagnosis of morbid obesity)
- Wigs or toupees (except for loss of hair resulting from treatment of a malignancy or permanent loss of hair from an accidental injury), hair transplants, hair weaving or any drug if such drug is used in connection with baldness
- Any other services not described under Covered Services, above.

This list gives you a description of the services and supplies not covered by the national medical options. Some expenses not covered by the medical program may be covered under the dental or vision care programs, and some may be eligible for reimbursement through the health care FSA. See the applicable sections of this SPD for more information.

Prescription Drug Benefits

The prescription drug benefit under the Plan is administered by CVS/Caremark and allows you to obtain prescription drugs at a reduced cost through a national network of participating retail pharmacies or by mail. This program applies to participants in the PPO and HPN plans, and you will receive a separate CVS/Caremark ID card for your prescription drug coverage. If you are an HMO participant, you should check with your HMO to find out what your prescription drug benefits are.

Prescription Drug Coverage for the National PPO and HPN Medical Programs Table

(CDHP Preventive Drug list (separate from the Affordable Care Act – ACA - preventive drug list) is covered at the applicable coinsurance level. This drug list does not apply to the \$400 or \$900 PPO/HPN Deductible Plans.

	\$400 Deductible Option	\$900 Deductible Option	\$1,850 Deductible Option	\$3,300 Deductible Option
Retail: ACA Prev Drugs	Plan pays 100%	Plan pays 100	Plan pays 100%	Plan pays 100%
Retail: Generic	\$10	\$10	20% after deductible	30% after deductible
30% after deductible	\$30	30% (min \$25/max \$50)	20% after deductible	30% after deductible
Retail: Non-Preferred Brand	\$60	45% (min \$40/max \$80)	20% after deductible	30% after deductible
Mail Order: ACA Prev Drugs	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%
Mail Order: Generic	\$25	\$25	20% after deductible	30% after deductible
Mail Order: Preferred Brand	\$75	30% (min \$62.50/max \$125)	20% after deductible	30% after deductible
Mail Order: Non-Preferred Brand	\$150	45% (min \$100/max \$200)	20% after deductible	30% after deductible

Retail Pharmacies

Your CVS/Caremark ID card can be used at participating retail pharmacies. When you present your card and depending on what medical option you are enrolled in, you will pay a copay, coinsurance or 100% of the cost until you meet the annual deductible for your option. You can purchase up to a 31-day supply of medication at one time. If the cost of your prescription is less than the copayment, you will pay only the cost of the prescription. There are no claim forms to file when you obtain your prescription drugs through a participating pharmacy.

You can obtain a list of pharmacies participating in the network by calling the Customer Service number on the back of your CVS/Caremark ID card, or at [Caremark.com](https://www.caremark.com).

If you use a non-participating pharmacy, you will pay the full retail price of your prescription and you will not be reimbursed for your prescription drug costs.

Mail Order

You can take advantage of additional savings by using the mail order feature of the prescription drug program. You can order up to a 90-day supply of your prescription medication by mail. You get a three-month supply for the price of two and a half times the retail copay. If the cost of the prescription is less than the copayment, you will pay only the cost of the prescription.

The mail order feature is most often used to purchase maintenance drugs. Generally, these are drugs you take on a regular basis for an extended period of time or for chronic conditions. Examples include medications for conditions such as high blood pressure, diabetes, anti-depressants and birth control pills. To obtain prescriptions through the mail, complete the [CVS/Caremark Mail Service Order Form](#) available from the [Benefits website](#) or call Aptia365 at 1-855-237-6421. Return the form along with your prescription and your payment to the address on the form.

Out-of-Pocket Maximum

The annual out-of-pocket maximum limits the amount you will have to pay for covered prescriptions in a calendar year. The annual out-of-pocket maximum varies depending on the national medical option in which you are enrolled. The out-of-pocket maximum does not include charges greater than covered expense amounts and charges you incur at a non-network retail pharmacy. Deductibles, copayments and coinsurance for eligible medical services and prescription drugs count toward the out-of-pocket maximum.

Contraception for Women

The following outlines what and how women's contraception will be covered under the prescription drug program:

Hormonal (Oral Contraceptives)

- \$0 copayment for over-the-counter items
- Generic & single source brand contraceptives (multi-source brand contraceptives available when requested by the physician) for women through age 50.

Emergency contraception

\$0 copayment (prescription required)

Preventive Care Drugs, Covered At 100%

Preventive care drugs are covered at 100%. A prescription is required from your provider for over-the-counter preventive medications to be covered at 100%. Check with CVS/Caremark to see which drugs are covered at 100% as the list may change periodically.

Aspirin

- To prevent cardiovascular events in men and women ages 50 to 59
- To prevent morbidity and mortality for Preeclampsia in women ages 12 to 59

Oral Fluoride

Applies to children between birth to 5 years

Folic Acid

Applies to women under age 50

Iron Supplements

Applies to children 6–12 months

Smoking Cessation

Applies to ages 18+; limit of 168-day supply of each product in one year of treatment

Vitamin D

Applies to men and women age 65+

Bowel Prep Agents for colonoscopy prep

Applied to all ages

Statins

Applies to men and women ages 40-75 for the primary prevention of Cardiovascular disease; generic only, only low to moderate intensity statins

Prescription Drugs That Are Generally Not Covered

The following list is intended to give you a general description of the drugs and supplies not covered under the prescription drug benefit. While the list is intended to be inclusive, the Plan Administrator may supplement or modify the list from time to time.

- Prescriptions filled by a person who is not licensed to fill them
- Charges for any prescriptions dispensed in excess of the number specified by the physician or any refill dispensed after one year from the order of the physician
- Replacement drugs resulting from a lost, stolen, broken or destroyed prescription order or refill
- Drugs (other than insulin) available over the counter that do not require a prescription order or refill by federal or state law before being dispensed and any drug that is therapeutically equivalent to an over-the-counter drug
- Drugs which are considered investigational because they do not meet generally accepted standards of medical practice in the United States
- Drugs given while confined in a hospital, nursing home or similar place that has its own drug dispensary
- Charges for the administration of any medication
- Allergens and/or allergy serum
- Appetite suppressants and other weight loss products
- Cosmetic drugs, even if ordered for non-cosmetic purposes
- General and injectable vitamins (this exclusion does not apply to prenatal vitamins, vitamins with fluoride and B-12 injections, which are covered)
- Immunization agents, biological sera, blood or blood plasma
- Progesterone suppositories
- Therapeutic devices or appliances, including colostomy supplies and support garments, regardless of intended use (this exclusion does not apply to disposable insulin needles, syringes, lancets, swabs and strips which are covered under this plan)
- Charges for which the covered employee or dependent is entitled to receive reimbursement under Workers' Compensation Laws, or is entitled to without charge under any local, state or federal government program

- Drugs that have not been approved by the FDA for the specific treatment for which they are being prescribed.
- Medications prescribed for weight loss
- Women's contraceptive devices and barrier methods.

PrudentRx Solution for Specialty Medications

In order to provide a comprehensive and cost-effective prescription drug program for you and your family, Pearson has contracted to offer the PrudentRx Solution for certain specialty medications. The PrudentRx Solution assists members by helping them enroll in manufacturer copay assistance programs. Medications on the PrudentRx Program Drug List are included in the program and will be subject to a 30% co-insurance, after satisfaction of any applicable deductible. However, if a member is participating in the PrudentRx Solution, which includes enrollment in an available manufacturer copay assistance program for their specialty medication, the member will have a \$0 out-of-pocket responsibility for their prescriptions covered under the PrudentRx Solution.

Copay assistance is a process in which drug manufacturers provide financial support to patients by covering all or most of the patient's cost share for select medications - in particular, specialty medications. The PrudentRx Solution will assist members in obtaining copay assistance from drug manufacturers to reduce a member's cost share for eligible medications thereby reducing out-of-pocket expenses. Participation in the program requires certain data to be shared with the administrators of these copay assistance programs, but please be assured that this is done in compliance with HIPAA.

If you currently take one or more specialty medications included in the PrudentRx Program Drug List, you will receive a welcome letter from PrudentRx that provides information about the PrudentRx Solution as it pertains to your medication. All eligible members must call PrudentRx at 1-800-578-4403 to register for any manufacturer copay assistance program available for your specialty medication as some manufacturers require you to sign up to take advantage of the copay assistance that they provide for their medications. If you do not call PrudentRx, PrudentRx will make outreach to you to assist with questions and enrollment. If you choose to opt out of the PrudentRx Solution, you must call 1-800-578-4403. Eligible members who fail to enroll in an available manufacturer copay assistance program or who opt out of the PrudentRx Solution will be responsible for the full amount of the 30% co-insurance on specialty medications that would otherwise be eligible for the PrudentRx Solution.

If you or a covered family member are not currently taking, but will start, a new medication covered under the PrudentRx Solution, you can reach out to PrudentRx or they will proactively contact you so that you can take full advantage of the PrudentRx Solution. PrudentRx can be reached at 1-800-578-4403 to address any questions regarding the PrudentRx Solution. The PrudentRx Program Drug List may be updated periodically.

Payments made on your behalf, including amounts paid by a manufacturer's copay assistance program, for medications covered under the PrudentRx Solution will not count toward your plan deductible or out-of-pocket maximum (if any), unless otherwise required by law. Also, payments made by you for a medication that does not qualify as an "essential health benefit" under the Affordable Care Act, will not count toward your deductible or out-of-pocket maximum (if any), unless otherwise required by law.

A list of specialty medications that are not considered to be "essential health benefits" under the Affordable Care Act is available by contacting PrudentRx. An exception process is available for determining whether a medication that is not an "essential health benefit" under the Affordable Care Act is medically necessary for a particular individual. PrudentRx can be reached at 1-800-578-4403 to address any questions regarding the PrudentRx Solution.

Health Maintenance Organizations

You may be able to enroll in a Health Maintenance Organization (HMO) if one is available in your area.

HMOs are a network of health care providers and facilities that provide medical care on a prepaid basis. They also provide prescription drug benefits and other services. When you need non-emergency medical care, you must use the services of providers or facilities affiliated with your HMO. If you use providers outside the HMO network, you will not receive any benefits from the Plan.

In an HMO there are generally no deductibles to meet, no claim forms to file and small copayments for office visits. Many services are covered at 100%.

The covered items previously described pertain to the national medical options. Because coverage can differ among HMOs, be sure you understand the coverage available to you before enrolling.

If you elect coverage in an HMO, you will automatically receive a full description of the coverage provided by the HMO. If you want advance information about a specific HMO, please check the [Benefits website](#) or call Aptia365 at 1-855-237-6431.