



Welcome to your Medical Ally.

Introducing your **Medical Ally**—to save time, money and energy.

As part of your benefits program, your **Medical Ally** offers confidential one-on-one support—so you can focus on healing. Connect with a **Medical Ally** in whichever way works best for you.

*Need to quickly access
information?*

Access our secure
online portal.

*Prefer to chat
with a person, or
need extra help?*

Your **Medical Ally**
is waiting.

Your **Medical Ally** can help you:

- Understand your diagnosis and treatment options
- Find the highest quality providers and treatment facilities
- Get a second opinion
- Prepare for surgery and recovery
- Cope with stress and anxiety

You may qualify for \$400

*A **Medical Ally** can help you understand the risks and benefits of surgery, alternative treatment options, and pain management techniques. Non-surgical treatment options often work just as well as certain surgeries. If your doctor recommends elective lower back surgery, hip or knee replacement, weight loss surgery, or hysterectomy, you may qualify for a \$400 prepaid card just for learning more. Call for terms and conditions.*

There's no need to go it alone when you have access to expert medical help. Simply log in to our secure online portal to get started or to connect with your **Medical Ally** for additional help.



VISIT mymedicalally.alight.com



CALL 888-361-3944